

7 Ways to Attract the Woman of Your Dreams

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Book Description

Have you recently felt a spark with a woman, and you feel like she might just be the woman of your dreams, but are unsure of how to get her to feel the same? Or, perhaps, are you still searching for your dream woman, but want to know how to attract her when you do?

Either way, this book is the perfect read for you if you want to learn how to get the girl of your dreams, for good.

What you'll learn in this book:

- How to know yourself
- How to understand the mysterious creatures called 'women'
- How to approach the ladies
- What women look for in men?
- The golden rules of attracting women
- How to keep a woman after you've gotten her
- Much more!!

For tips, tricks and advice, you need to pick up this book and get to reading!

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INTRODUCTION

So, you have this ideal woman in your head—she's perfect, with all the traits you'd always dreamt of. Smart, beautiful, funny, and a good person...everything you want in a partner.

The only problem is, she doesn't exist. Yet.

You continue to live your mundane life, going to work, coming home, meeting no one that catches your interest.

Then, one day, you are doing some task that is utterly ordinary—such as withdrawing money from the bank—and then, you see her.

You feel this spark, almost, and you know, you just *know* that it's her. She is your ideal woman.

You can tell by her bright eyes that she is intelligent. You can tell by her warm smile that she is kind. You can tell, somehow, that she is the one. It's like some invisible entity is sending you a message, telling you that this is the woman of your dreams.

You grin, and discreetly pump your fists, immediately deciding to go up to her and start making conversation.

As you go over to where she is, and awkwardly say "hi", you study her expression, and you realize something.

She didn't feel it. She didn't feel the spark. In fact, she looks a little freaked out at being approached by a stranger. She is trying not to be rude, but her wary expression says, "Go away!"

Disappointed, you go back home and stuff your face with pizza, feeling as if you just flushed a million dollars down the toilet.

This book is going to help you prevent such a situation from occurring. If you have met your dream woman, but she doesn't seem to feel the same as you, keep reading!

For those of you that haven't met their dream woman yet, don't worry. This book is going to help you find her, and then keep her for good. Not in the illegal, kidnapping way, either. Women don't like psychopaths...I can guarantee that.

CHAPTER 1 - KNOW YOURSELF:

HONESTY

This chapter is going to be all about you.

“Why?” you may be wondering with an irritated scowl. “I already know about myself!”

Well, think again. You might just be wrong about that. Many people think they know themselves when, in reality, they don't.

It's very easy to lie to yourself. Easier, even, than it is to lie to others.

It's so, so easy to tell yourself you are a perfect guy, that you are great at everything, that any woman would be lucky to have you.

First of all, in the unlikely case that you really were perfect, that sort of attitude would still be unacceptable. Cockiness and arrogance can hide all the good qualities you have, making you unlikable.

Right now, I want you to be very honest with yourself. Bring all the traits that you find desirable in a woman's personality to mind, and see if you possess all those traits, too.

If you want a partner who is very generous, you have to be the same. You can't wish to attract a generous woman while being as stingy as Scrooge, yourself.

Similarly, you can't want to find a partner who is healthy and in shape when you eat junk food every single day and never go to the gym.

Be honest with yourself. Either lowers your standards so that they match you, realistically, or start improving yourself.

SELF-IMPROVEMENT

I've heard many people protest to the term 'self-improvement'.

“Why should we change ourselves? People should accept us for who we are!”

When I hear things like this, it makes me sigh. Personally, I believe that people have taken this 'don't change!' the thing a little too far.

If someone is a pathological liar or a thief, they should change, right?

If you have the potential to be a better person, why should you keep all that potential hidden?

Simply because you think that changing yourself is wrong, and you don't want to conform to other peoples' ideals?

If that's the way you see it, then change your way of thinking. Decide for yourself whether you want to improve or not—don't let anyone else decide. Think about it long and hard. If *you* want to better yourself, then do it!

Before you can attract the woman of your dreams, you absolutely need to focus on self-improvement.

Once you are honest with yourself, you will be the one person that knows all of your strengths and weaknesses. Focus on getting rid of as many weaknesses as you can!

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CHAPTER 2 - UNDERSTANDING THE PSYCHOLOGY OF WOMEN

ARE ALL WOMEN THE SAME?

Ah, woman... a peculiar, elusive creature.

I've always thought that women are quite similar to unicorns—beautiful yet mysterious.

Also, like snowflakes, no two women are exactly the same. No, not even identical twins.

That is one thing you need to understand before you can begin to try and find or attract your dream woman. Women are different—some may be complicated, and hard to understand while some may be open books, telling you everything that is on their mind.

Women all have different thoughts, different likes, and dislikes, which is why there is no perfect golden rule, really, that can apply to every single female on the planet. That being said, there are certain qualities that are fairly common among women, and certain methods that can help you understand them.

ALL ABOUT *MOST* WOMEN

One thing that many women crave is a conversation. This is something that applies more so to keeping the woman of your dreams—whether that's your wife, girlfriend, fiancée—than actually attracting her in the first place. Nonetheless, it is important to know.

When you've just come home after a rough day and are feeling irritable because of that ticket you got for speeding on your way to work, your significant other will probably ask you, "Hey, how was work? Tell me about your day."

Instead of muttering something curt such as, "I'm not in the mood", greet your S.O nicely, and tell her that you'll talk about it after relaxing for a few minutes.

Women usually like talking, and knowing about how you are feeling, so be sure not to close yourself off.

If you ever have a fight with your S.O over something, communication is key. If she is usually a chatterbox but has stopped talking altogether after a fight, you are in trouble, and you need to take action. Try asking her, gently, whether she can sit down with you and talk about it. Chances are, she will agree.

Instead of rolling your eyes at her complaints, try and look at things from her point of view. Be understanding.

This is something to keep in mind whether you are trying to keep, or attract a particular woman—put yourself in her shoes, and try to see things as she sees them. If, for example, you are pursuing a woman, and she has suddenly started avoiding you, try and look at yourself from her perspective. Are you coming off too strong? Are you being too needy?

Then try and improve yourself from there.

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CHAPTER 3 - HOW TO APPROACH WOMEN

FOR SHY GUYS:

Now, just as there are many different types of women, there are also different types of men.

First, let's talk about how a shy guy should approach a woman. If you are an introvert, chances are you are scared to death to go over to a woman that you've never talked to, and just make conversation. As a shy person myself, I can sympathize.

However, the truth of the matter is that simply watching from the shadows is not going to get you anywhere in life. Sometimes you just need to bite the bullet and go do it, no matter how afraid you are.

If you see someone that you think you would like to talk to, go talk to her. Don't hesitate and begin to over think things. I am well aware of the fact that shy people often begin questioning themselves before doing something, wondering, "What if she gets annoyed? What if I get rejected?" and then end up deciding not to do it after all.

This is a horrible thing to do to yourself, and you'll always wonder what would have happened if you had just gathered the courage to go talk to the lady that day. Maybe you two would have gotten married.

And, even *if* things hadn't gone your way, if you really did get rejected, so what? It doesn't make you any less of a person, and you shouldn't let it get to you. Rejection and failure are a part of life. That's something that a lot of shy people need to learn.

Just walk up to the woman in question, be friendly, and smile. Don't try to act like someone you aren't, but don't let your shyness hide your true personality. Start the conversation with an innocent compliment, such as, "Hey, you look really nice today. What's your name?" and then just go with the flow.

FOR OUTGOING GUYS:

Confidence is a great quality to have. Sometimes, however, you can cross the thin line between confident and over-confident, without knowing it.

Over-confidence can actually repel the ladies, and is a total no-no if you are approaching a woman.

As I said in the section for shy guys, you want to be friendly and sociable. Do not act like the woman you have approached should be honored that you are even talking to her, or like she is anything less than you are. Be respectful and sweet, and she will

surely be the same towards you. Compliments are always great, but make sure you aren't going too far with them, especially if it is someone you've just met.

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CHAPTER 4 - WHAT YOU NEED TO DO WITH YOU BEING THE MAN:

BE STRONG:

Men and women are equal—neither one is superior, overall, to the other.

However, we are not the same. There are certain aspects in which men are superior, and there are certain aspects in which women are superior. For example, men are usually physically stronger than women.

I am generalizing, of course—I'm sure there are some women that are stronger than men, but you get what I mean.

In the same way, in most heterosexual relationships, men and women have different roles. Neither role is more important than the other, but they balance each other out perfectly.

Now, let's discuss what your role, as the man should be. Just keep in mind that I am talking about what is the norm in our society—if you want to stray from the norm, then go ahead!

When you want to approach a woman, the very first thing to keep in mind is that most women look for a man that is strong. I don't necessarily mean physically strong—although many women find that attractive, too—but mentally strong. How? Well, you need to learn how to handle things when you are faced with a difficult situation. A lot of women tend to panic when something goes wrong, which is why you need to learn how to be rational when there is a crisis. Even if the woman that you are interested in is a level-headed person, it's still a good idea to work on becoming the same. That way, you can both work together to solve a problem, when necessary.

BE RESPONSIBLE:

Another thing that is expected from the man in the relationship is to be the head of the household. This means you have to develop a strong sense of responsibility and know that you are going to have to take care of your S.O, no matter what.

This is a mindset that you will need to have, whether you are already with the woman of your dreams, whether you are trying to attract her, or whether you have yet to find her.

I know that many women are self-sufficient, these days. You may be thinking, "Why would women need me to 'look after' her?"

I don't necessarily mean you will need to look after her financially, although, if she is struggling, that might be a good idea.

What I really meant, however, was that if she is facing a problem that she can not deal with on her own, for example, an illness, you will need to support her and help her out as best as you can.

BE ASSERTIVE AND DECISIVE:

Many women have trouble with quickly making decisions, so this is a trait that you should try and develop.

Sometimes, a woman will need you to give her advice, and a guy who can make a firm decision will be looked upon much more favorably than one who can't.

Another quality that every man should have is to be assertive. If you want to do something, or you want the woman in question to do something, say it to her.

Just try not to come off as bossy. Say it in a way like this: "Hey, I'm going to do this/I want you to do this. What do you think?"

This way you are being firm and self-assured, but still letting the woman you are interested in know that her opinion is also important to you.

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CHAPTER 5 - WHAT A WOMAN WANTS IN/FROM A MAN

A GOOD SENSE OF HUMOR:

These are traits that nine out of ten women will appreciate in a man.

The first is, of course, a good sense of humor.

Some of you might read that and think that you have to come up with a bunch of lame jokes in order to attract the woman of your dreams.

Don't do that. You don't want to have one of those moments when you awkwardly tell some random joke that you read on the Internet, and the girl who was listening to only stares at you, forcing a smile as grasshoppers begin to chirp.

Also, do not try to make everything into a joke, as that will make women think that you can never take anything seriously.

However, try to say something witty every once in a while. Don't think too hard about it, or plan it several days beforehand—just say what comes to your mind, and say it with a natural smile or a laugh.

A good, genuine smile will prove that you have a good sense of humor way better than any lame jokes.

CONFIDENCE:

We talked about confidence a little bit in the chapter about approaching women, but I thought it was a topic that needed to be touched on again.

Confidence is something that is really tricky. When used correctly, it can save your life, but when it is overdone, it can ruin everything.

To attract the woman of your dreams, you absolutely need to be confident, but you also need to balance it out with a little humility.

Do not, however, be a pushover. Even if people insult you, whether, for your personality or your looks, you need to wake up every morning and tell yourself that you are good enough.

You'll be hard-pressed to find a woman that will like a man who doesn't like himself.

So be confident!

UBIQUITY OF STATUS:

Having a good status and being well known is definitely something that women look for in men. This means you should have a stable job with a decent pay, and should be respected by many.

Keep in mind that respect is not something that will, one day, be randomly bestowed upon you. You need to work hard and earn it.

No, you don't need to be rich, but you do need to be able to afford to look after yourself, and someone else, if necessary. Most women are looking for someone who has the potential to be a good life-long partner, and having a stable job and a fair amount of money is necessary for that.

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CHAPTER 6 - 7 GOLDEN RULES OF ATTRACTING A WOMAN

BODY LANGUAGE AND HOW TO GET CLOSER TO HER:

Body language is something that can speak louder than anything you say with your mouth and is a great thing to utilize.

There are, however, certain limits that you need to know not to cross.

When you are with the woman that you are attempting to pursue, make sure to subtly let her know you are interested. If it is someone that you are fairly close to, already, then a brush of the shoulder, or holding her hand for a moment are good, innocent ways of doing that. You definitely don't want to go overboard, though, by becoming too touchy-feely—especially if you barely know each other. That can make women uncomfortable.

EYE CONTACT:

The eyes truly are the windows to the soul. The majority of people, both men and women, when asked what feature they found most attractive in the opposite sex, replied with "eyes."

It doesn't matter what color or shape your eyes are. Just make sure you use them by making regular eye contact and holding it for a good few seconds. Anything more than that can come off as creepy.

Making eye contact not only makes you and the woman you are spending time with feel closer, it is also a sign of confidence and self-assuredness, which, as we discussed earlier, are traits that women look for in a man.

TRAITS THAT TURN WOMEN ON:

There are many traits that women will appreciate in a man, and most of them are traits that you can easily instill in yourself with a little effort.

The first, and most important, trait is to be caring.

Women—at least ones that aren't shallow—will undoubtedly always choose a caring, average looking man over a cruel, good-looking man. So try to be unselfish and helpful towards everyone, especially the woman you like.

It could be something that doesn't seem significant—something like giving your seat to her on the bus when the rest of the seats are taken. Not only will this make you a better person, but it will also definitely impress your dream woman.

Apart from this, doing thoughtful things every now and then is also an extremely attractive trait. For example, leaving a rose and a sweet note on a woman's doorstep, when she'd just mentioned the day before that roses are her favorite flowers.

Believe it or not, intelligence is also a trait that can captivate women! So study hard, and impress the woman you want with your gorgeous...brain. Sounds strange, doesn't it? It's a proven fact, though.

AGE, MONEY AND LOOKS:

Ah, now we're moving on the shallower side of this book. All humans tend to be a little shallow, sometimes if we're being honest.

Studies show that most women look for a man that is near their age—preferably a little bit older.

However, there are a few women that prefer men that are quite a bit older or younger than them. If you and the woman you wish to have a considerable age difference, the only thing you can do is to approach her and give it a shot. If she doesn't seem interested, then she isn't your dream woman, and you should let her go.

Also, make sure, if you are an older guy, to never approach a girl that is underage. You could actually go to jail for that.

When it comes to money, as I said in the previous chapter, you don't have to be rich. You just need to have a stable source of income, and it should be enough to support you, as well as another person. If you want to have children in the near future, then it should be enough to provide for them, as well.

If you are struggling with money at the moment, you need to concentrate on yourself, for now.

Let's talk about looks, now. It is a proven fact that women are generally much less shallow than men! Some of you might not believe me, but it is true. More women than men are interested in a great personality over looks. However, being physically attractive *does* increase your chances of getting the girl.

What guys don't realize, though, is that just about anyone can be physically attractive.

Just eat healthy, and try to stay in shape. Keep yourself neat and clean and wear nice clothes. That's really all there is to it.

VOCAL TONALITY:

The tone in which you speak can say a lot to women about your personality. If you always speak in a very low voice, you may come off as meek and frightened—which is not at all attractive.

On the other hand, always speaking loudly seems pretty obnoxious, and can be even more of a turn-off.

You need to learn to balance your tone, and keep it right in the middle of loud and quiet. Make sure you say everything clearly and confidently, without mumbling.

DEVELOPING AN EMOTIONAL CONNECTION:

Women are emotional creatures, and to be truly attracted to a man, they need to have a connection with them on a level that is not purely physical.

In order to achieve this connection, you are going to need to be able to open up to the woman you are pursuing—something many men are afraid to do—and comfortably discuss your thoughts, goals, dreams and worries.

Along with this, you are going to have to attentively listen to the woman when she is voicing her own thoughts. This tie in with the next section.

BE A GREAT LISTENER:

When it comes to attracting women, it is important to be a great listener. If you want to know how a particular woman thinks, you yourself can find out much more than I, or anyone else, could ever tell you. All you have to do is to listen to everything she says. When a woman is talking, a lot of men will tune out her voice, finding it too boring to just listen for a few minutes.

Is it really too much to ask for you to concentrate for a little while? I promise you, listening to what your S.O, or any woman that you are interested in, says can help you to understand her far better.

If you feel that a particular woman's voice irritates you, or that the things she talks about are too mind-numbingly boring to listen to, then maybe she isn't the one for you.

CHAPTER 7 - HOW TO KEEP HER ONCE YOU HAVE HER

Let's keep this chapter short and sweet.

In order to keep your dream woman once you have gotten her, there is just one main thing to keep in mind: Do not change.

Some guys will act sugar-sweet and try to give the woman they are interested in the impression that they are kind, caring, etc. in order to manipulate them into spending time with them.

Then, as soon as they feel like they've got the women in their slimy, vile grasp, they remove their mask, showing their true nature, which is usually quite repulsive.

Be the best version of yourself from the very beginning, and stay that way even after getting the woman of your dreams. She is not bound to stay with you forever, even if you are married.

If you don't want her to leave, then stay the way you were, unless you want to improve something about yourself. Apart from that, the woman that is with you stuck around for a reason—she liked you the way you were.

Keep being kind and caring, and do something thoughtful for her on a regular basis, even when you are old and wrinkled. A loving card or a meal from her favorite restaurant is a great way to remind your partner that you care about her, no matter how many years have passed.

CONCLUSION

At last, we have come to the end of this book.

Did reading this book turn you into that dashing male specimen that you've always dreamt of becoming? The one, which wears aviator sunglasses and a smirk, and is surrounded by dozens of gorgeous girls?

Probably not!! The purpose of this book was not to turn you into a chick-magnet, anyway.

However, I do hope that you've realized that it isn't all that hard to attract the woman of your dreams and that you mainly just have to be a good person.

Don't ever try to go along with and agree with everything a woman says, simply because you think you like her. Stay true to yourself, and hold fast to your morals, no matter what. For example, if a woman tries to convince you to try and take part in the murder, you have to be able to say no!

That was a pretty extreme example, but I was trying to make a point—which I hope I have succeeded in doing.

And if you still haven't met that one woman, the one that you feel a sudden, shocking spark with, don't fret.

Love doesn't always work like that. It's different for everyone.

Some people might have that 'love at first sight' feeling, like an electric shock. For others, it might be a slow, gradual kind of bliss—like falling in love with a friend.

Lastly, for people that haven't found their dream woman yet, don't worry. You *will* find her.

You never know, she might even be right under your nose.